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February 8, 2010

Skiing Essentials For Your Head and Toes
Featuring: tekoMERINO Women's Ski Light

Monthly Traffic: 220,394

URL: <http://www.fitsugar.com/7181308>



'Tis the season to hit the slopes. Yee haw! But if you're not well prepared, a day on the mountain can be pretty miserable. I have found that if my toes and my ears are warm, I am a happy skier. This is why I was stoked to test some gear a few cold weather gear companies sent my way.

I skied recently on a couple of seriously snowy windy days up in the Lake Tahoe area and was amazed that my toes stayed warm with the Women's Ski Light (\$21) by Teko. This is the greenest sock around, made of merino wool in factories powered by wind. It is the perfect combination of thickness and wicking, with a little extra shin padding for your tight boots. This sock is thin, so you can keep your boots tight, but it manages to perfectly insulate your toes from the elements. Though the socks do stretch out a bit easily, I think they will hold up well as long as they don't get thrown in the drier.

Have you hit the slopes yet this season?

